



Casa Dei Bambini School @ Telfair Menu October--2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	2-Oct	3-Oct	4-Oct	5-Oct	6-Oct
	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Grilled Cheese Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit Grilled Cheese Sandwich	Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Grilled Tofu	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit Broccoli, Cauliflower & Cheese Casserole	Breakfast for Lunch, Pancakes, Turkey Sausage, Potato, Syrup, Frsesh Cut Fruit Breakfast Vegetable Sausage
Week 2	9-Oct	10-Oct	11-Oct	12-Oct	13-Oct
	Mashed Potatoes with Cheddar Cheese, Baked Chicken Breast, Oven Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Turkey and Cheese Wrap, Fresh Cucumbers with House Made Ranch Dressing, Fresh Cut Fruit Grilled Vegetable Wrap	Grass-fed Beef Sloppy Joe's with Jack Cheese, Oven Roasted Potatoes, Fresh Buttered Corn on Cob, Fresh Cut Fruit Boca Burger Sloppy Joe's	Turkey Meat Sauce with Penne Pasta, Fresh Green Beans and Carrots, Fresh Cut Fruit TVP & Black Beans in Marinara Sauce	Cheese Pizza, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit Vegetarian
Week 3	16-Oct	17-Oct	18-Oct	19-Oct	20-Oct
	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	100% Beef Hot Dogs, Fresh Cucumber with House Made Ranch Dressing, Fresh Cut Fruit Veggie Dog	Chicken and Cheese Quesadillas, Brown Rice, Black Beans, Sour Cream, Fresh Cut Fruit Cheese Quesadilla	Grilled Turkey and Cheese Sandwich, Roasted Red Potato, Steamed Broccoli, Fresh Cut Fruit Veggie Turkey Sliced	Beef Tamales, Black Beans, Steamed Rice, Fresh Cut Fruit Veggie Tamales
Week 4	23-Oct	24-Oct	25-Oct	26-Oct	27-Oct
	BBQ Beef Slider, Baked Beans, Fresh Corn on Cob, Fresh Cut Fruit BBQ Boca Burger Slider	Turkey and Cheese Croissant Sandwich, Broccoli Pasta Salad, Sliced Cucumbers, Fresh Cut Fruit Assorted Cheese Croissant Sandwich	Farfalle Pasta with Alfredo Sauce, Baked Chicken Breast, Roasted Carrots, Fresh Cut Fruit Grilled Tofu	Turkey Kielbasa & Rice Casserole, Vegetable Medley, Fresh Baked Baguette, Fresh Cut Fruit Veggie Sausage & Rice Casserole	Chicken Fingers, Roasted Red Potatoes, Broccoli, Ketchup, Fresh Cut Fruit Baked Cheese Sticks
Week 5	30-Oct	31-Oct	1-Nov	2-Nov	3-Nov
	Grass-fed Beef Chili with Cheddar Cheese, House Made Corn Bread, Oven Roasted Carrots, Fresh Cut Fruit TVP Chili With Kidney Beans	Baked Chicken Breast with Mild Creamy Anaheim Sauce, Steamed Rice, Diced Carrots and Peas, Fresh Cut Fruit Grilled Tofu	Macaroni and Cheese, Oven Roasted Chicken Breast, Steamed Broccoli, Fresh Cut Fruit Grilled Tofu	Turkey & Cheese Cubes with Crackers, Fresh Cucumbers with House Made Ranch, Fresh Cut Fruit Assorted Cheese Cubes	Broccoli, Cauliflower & Cheese Casserole with Baked Chicken Breast, Plain Pasta, Fresh Baked Baguette, Fresh Cut Fruit Broccoli and Cheese Casserole

*Vegetarian Option

We have Vegetarian, Gluten Free, Dairy Free & No Beef options.

Price \$3.75/Meal

Online Ordering @ www.thesimplyfreshkitchen.com. Click on 'Account' in the top navigation bar and select 'Casa Dei Bambini Telfair Payment'. Enter Name of the student. Select 'Class'. Check the box of the week(s) ordering. If ordering for the entire month, you can select the 'Recurring Payment' option and we will automatically bill you each month on the 25th. Select 'Dietary Restrictions' if applicable. Click 'Add to Cart'. Review and 'Check Out'. Enter billing info and 'Submit Order'.

ALL ORDERS ARE DUE BY FRIDAY PRIOR TO THE WEEK ORDERED